

Supervision

Supervision is the profession's process of providing quality care for clients and ongoing skill development for clinical social workers. The supervisory relationship enhances clinical social workers' abilities to understand client experiences, follow the interactional processes between client and worker, and identify useful interventions to address client needs. Supervision also provides the space to monitor and evaluate clinical social worker's activities with the standards of the profession.

Supervision has always been highly valued in our field. More recently, however, supervision of new social work graduates by seasoned clinical social workers in agencies, clinics, and hospitals has been reduced, and at times not offered because of increased budget constraints. This has increased the need for private supervision outside of the social worker's place of employment. There are also times when social workers want to engage in additional supervision in order to explore clinical topics that may not be as easily addressed with a supervisor who also serves as the administrative supervisor.

To respond to the increased need for private supervision, the Connecticut Society of Clinical Social Work offers a list of seasoned clinicians who are willing to provide low-cost supervision. These social workers are located throughout the state. All of the people listed have received their Connecticut license, and have some experience in providing supervision.